LIGHTER CHOICES

POACHED PERFECTION...\$9

two soft poached eggs seasoned and served on a bed of sautéed spinach with sides of sliced avocado and tomato

FRESH FRUIT PARFAIT ... \$8

housemade granola, yogurt and seasonal berries layered in a parfait cup

FRESH FRUIT BOWL ... \$7

fresh and seasonal

FRESH FRUIT SMOOTHIE ... \$6

yogurt and berries

MADE TO ORDER OATMEAL ... \$6

topped with blueberries and brown sugar

OMELETTES

your choice, 3 egg omelettes, served with housemade grilled toast

BLACKFOREST HAM, PEPPERS, ONION & CHEDDAR ... \$12

MUSHROOMS, CARMELIZED ONION & SWISS ... \$12

TOMATO, ARUGULA & GOAT CHEESE ... \$12

FOSTER'S BENEDICTS

four delicious combinations served with mixed greens

EGGS BENEDICT ... \$12

two soft poached eggs, peameal bacon on a grilled English muffin topped with housemade hollandaise sauce

EGGS FLORENTINE ... \$11

two soft poached eggs and sautéed spinach on a grilled English muffin topped with housemade hollandaise sauce

SMOKED SALMON BENEDICT ... \$13

two soft poached eggs and smoked salmon, sautéed spinach and a grilled English muffin topped with housemade hollandaise sauce

FISH CAKE BENEDICT ... \$16

two soft poached eggs on housemade panko crusted fish cakes topped with housemade hollandaise sauce

FOSTER'S FAVOURITES

DAILY SCRAMBLE ... \$9

three egg chef inspired scramble served with grilled toast

THE TRADITIONAL ... \$10

two eggs your style, homefries and grilled toast choice of bacon, ham, sausage or peameal • char grilled sirloin steak add \$12 •

HUEVOS RANCHEROS ... 14

homefries, sriracha and cheese folded in a tortilla topped with two fried eggs, salsa and sour cream

• add bacon and baked beans \$4 •

FRENCH TOAST ... \$12

delicious egg battered bread served with caramelized apples, extra old cheddar and real Canadian maple syrup

FOSTER'S WAFFLES ... \$11

topped with fresh fruit and real Canadian maple syrup

PEAMEAL BACON ON A BUN ... \$12

stacked grilled Canadian bacon on a buttered bun, served with homefries

CORNED BEEF HASH ... \$14

housemade corned beef, potato, sweet peppers, onions and two sunny side eggs

SIDES

BACON ... \$4

HAM ... \$4

PORK SAUSAGE ... \$4

PEAMEAL BACON ... \$4

BAKED BEANS ... \$2

HOMEFRIES ... \$3

GRILLED TOAST ... \$2

REAL CANADIAN MAPLE SYRUP... \$3